

Awakenings Prayer Institute

IS A MINISTRY OF BETHEL BAPTIST CHURCH,
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TO SIGN UP FOR AWAKENINGS PRAYER
SEMINARS AND RETREATS

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PHOTOGRAPHY BY WES JOHNSON

Front cover: Haleakala, Maui | Page 2-3: St David's Church, Shelton, WA | Page 4-5: Seaside, Oregon
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Back Cover: Cedar Springs, Sumas, WA

Awakenings Prayer Institute



Morning, Noon and Night

A Trinitarian Devotional

MORNING PRAYER

† In the name of the Father,
And of the Son,
And of the Holy Spirit. Amen.

† make the sign of the cross
(especially if you worship at a
non-liturgical community).

THE FELLOWSHIP OF THE HOLY TRINITY

I live in communion with the Holy Trinity.
The Father searches my heart; the Son
intercedes for me; the Spirit calls out within me.

In the same way, the Spirit helps us in our
weakness. We do not know what we ought to
pray for, but the Spirit himself intercedes for us
through wordless groans. And he who searches
our hearts knows the mind of the Spirit, because
the Spirit intercedes for God's people in
accordance with the will of God...

Who then is the one who condemns? No one.
Christ Jesus who died—more than that, who was
raised to life—is at the right hand of God and is
also interceding for us.

(Romans 8:26, 27; 34)

CONCLUDING PRAYER

*May my prayer be set before you like incense; may
the lifting up of my hands be like the evening
sacrifice. (Psalm 141:2)*

With open hands, lift up your prayer to the Lord.

LECTIO

A song of ascents. Of David.

- ¹ *My heart is not proud, LORD,
my eyes are not haughty;
I do not concern myself with great matters
or things too wonderful for me.*
- ² *But I have calmed and quieted myself,
I am like a weaned child with its mother;
like a weaned child I am content.*
- ³ *Israel, put your hope in the LORD
both now and forevermore. (Psalm 131)*

*Choose a word, a phrase, or a picture that
emerges from the passage. Meditate and be
still in God's presence.*

HOPE

*And hope does not put us to shame, because
God's love has been poured out into our
hearts through the Holy Spirit, who has
been given to us. (Romans 5:5)*

*Consider a word that expresses your hope for the
coming day. Offer that word in prayer to the God
who has poured out his love to you through the
Holy Spirit. Write that word and reflect on it in
your journal.*

FATHER, SEARCH WITHIN

**Search me, God, and know
my heart; test me and know
my anxious thoughts.
See if there is any offensive
way in me, and lead me
in the way everlasting.**

(Psalm 139:23, 24)

SAVIOR, PRAY FOR ME

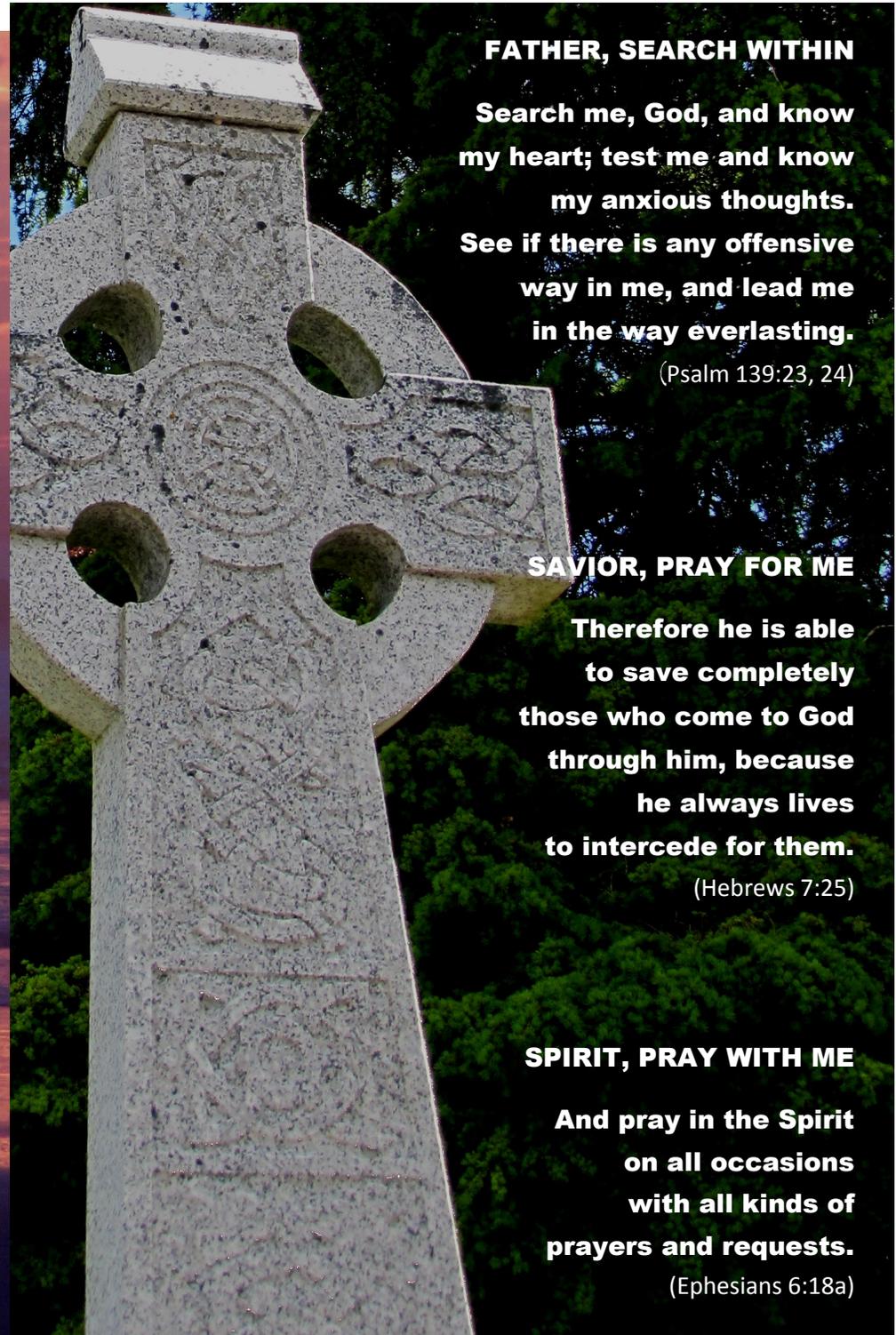
**Therefore he is able
to save completely
those who come to God
through him, because
he always lives
to intercede for them.**

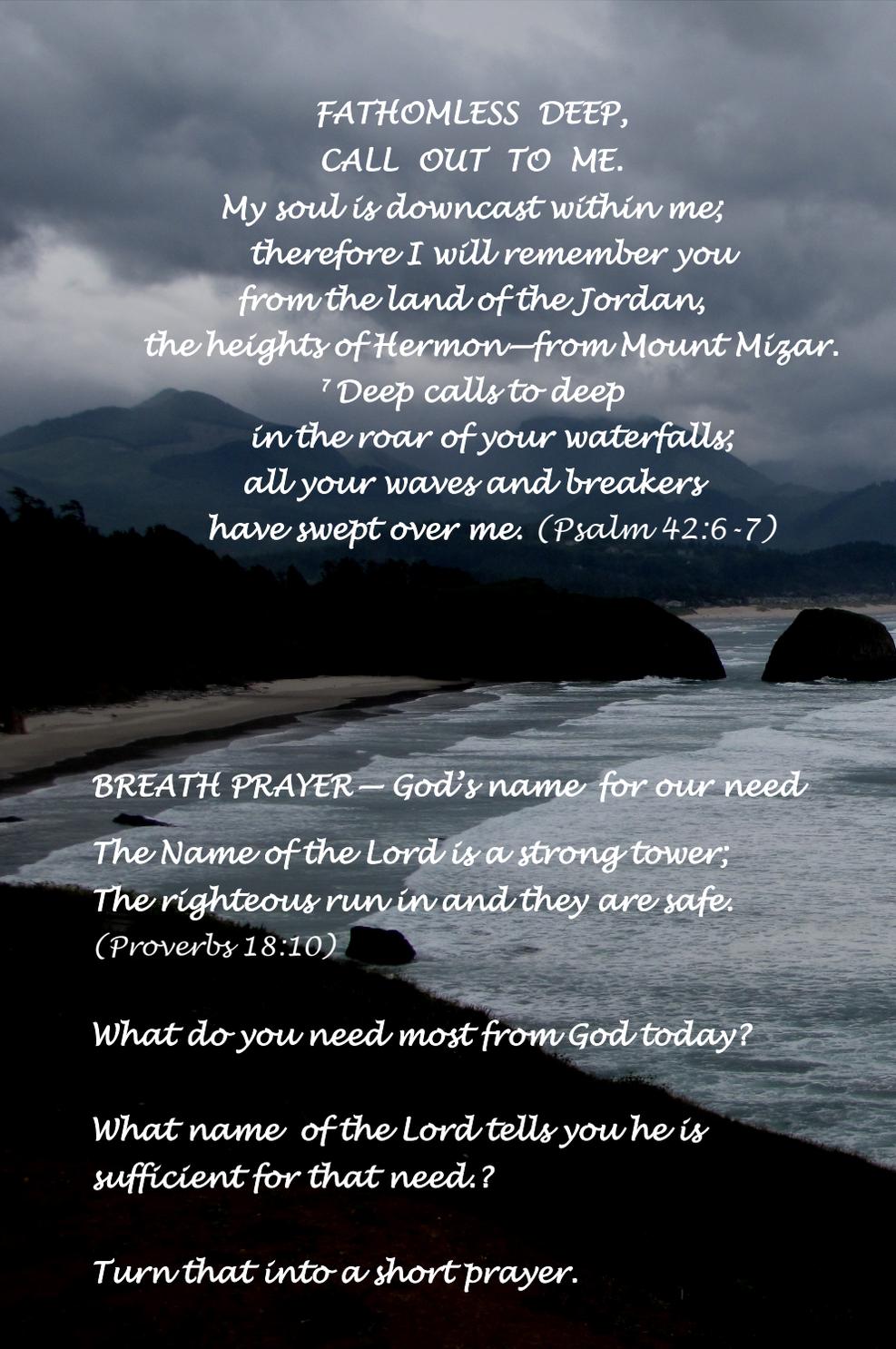
(Hebrews 7:25)

SPIRIT, PRAY WITH ME

**And pray in the Spirit
on all occasions
with all kinds of
prayers and requests.**

(Ephesians 6:18a)





FATHOMLESS DEEP,
CALL OUT TO ME.

*My soul is downcast within me;
therefore I will remember you
from the land of the Jordan,
the heights of Hermon—from Mount Mizar.*

*Deep calls to deep
in the roar of your waterfalls,
all your waves and breakers
have swept over me. (Psalm 42:6-7)*

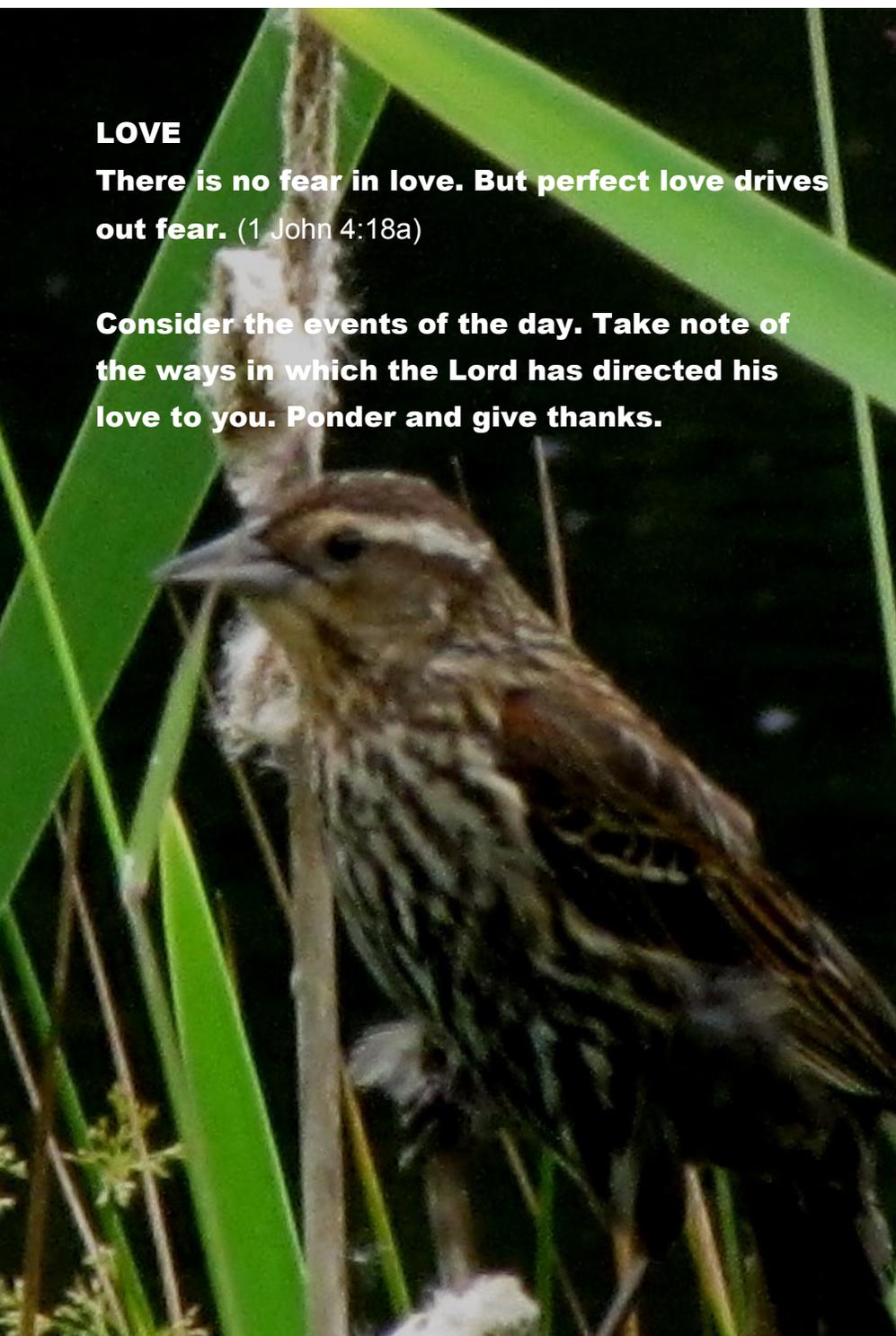
BREATH PRAYER — God's name for our need

*The Name of the Lord is a strong tower;
The righteous run in and they are safe.
(Proverbs 18:10)*

What do you need most from God today?

*What name of the Lord tells you he is
sufficient for that need?*

Turn that into a short prayer.



LOVE

There is no fear in love. But perfect love drives out fear. (1 John 4:18a)

Consider the events of the day. Take note of the ways in which the Lord has directed his love to you. Ponder and give thanks.

EVENING PRAYER

OPENING MEDITATION

**By day the LORD directs his love,
at night his song is with me—
a prayer to the God of my life.** (Psalm 42:8)

A SONG IN THE NIGHT

**Loved with everlasting love,
Led by grace that love to know;
Spirit, breathing from above,
Thou hast taught me it is so.
Oh, this full and perfect peace!
Oh, this transport all divine!
In a love which cannot cease,
I am His, and He is mine.**

Lyrics: George Wade Robinson (1838-1877)

Music: James Mountain (1844-1933)

Source: <http://www.hymnal.net/en/hymn/h/284#ixzz2zibZS1ZY>

*Reflect on a Psalm
and pray a breath prayer based upon it.*

*Reflect on an Old Testament passage
and pray a breath prayer based upon it.*

*Reflect upon a New Testament passage
and pray a breath prayer based upon it.*

LECTIO

*The Sovereign LORD has given
me a well-instructed tongue,
to know the word that sustains the weary.
He wakens me morning by morning,
wakens my ear to listen
like one being instructed.
⁵ The Sovereign LORD has opened my ears;
I have not been rebellious,
I have not turned away. (Isaiah 50:4-5)*

*Choose a phrase, a word, or a picture that emerges
from the passage. Be still and aware of God's presence.*

LISTENING

Pause to hear what the Lord is saying to you.

JOURNALING

Reflect in your journal.

PRAYERS OF THANKS

**But thanks be to God! He gives us the victory
through our Lord Jesus Christ.**

(1 Corinthians 15:57)

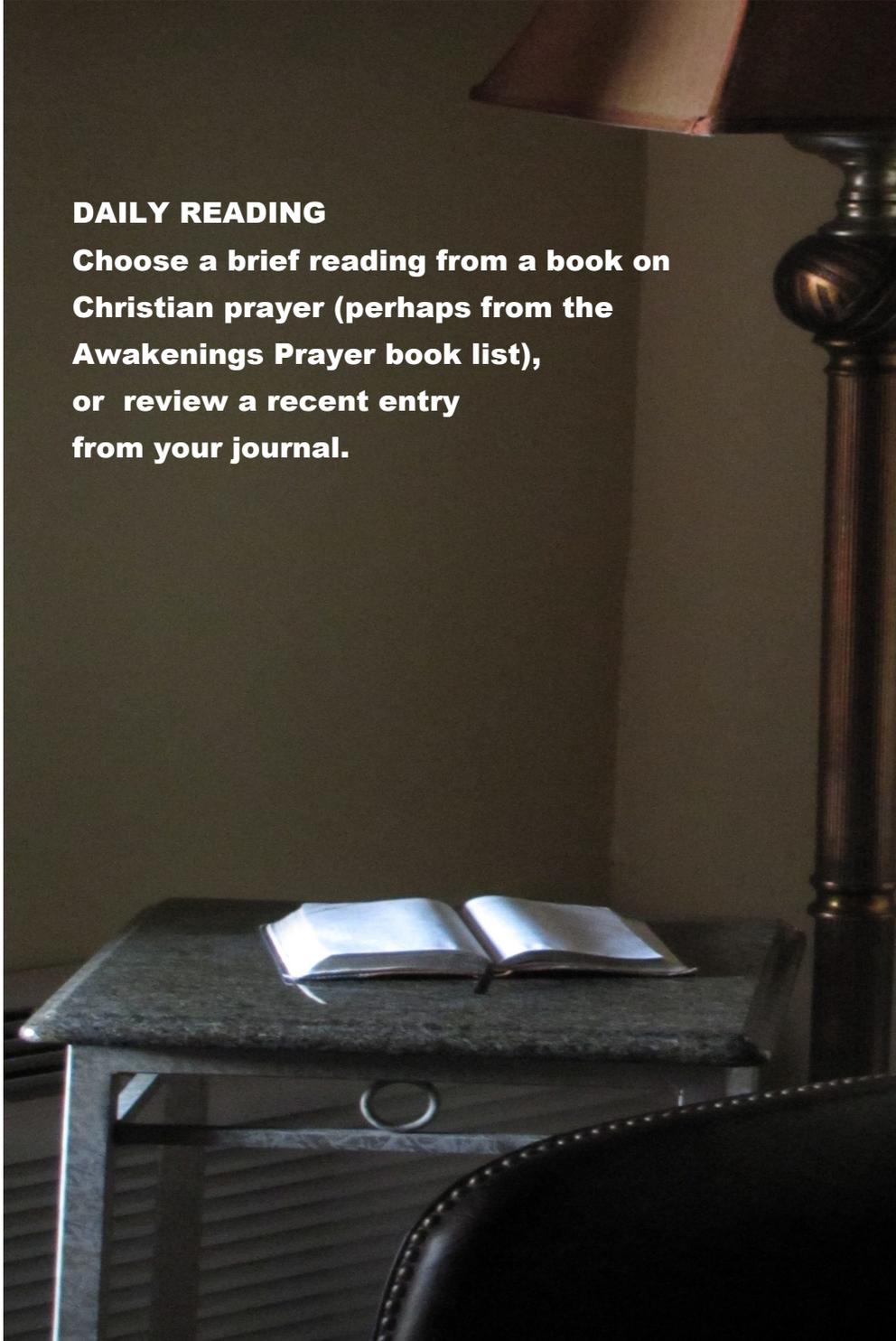
PRAYERS FOR OTHERS

**With this in mind, be alert and always keep on
praying for all the Lord's people.**

(Ephesians 6:18b)

CONCLUDING PRAYER

**Use a simple breath prayer
to call upon the Name of the Lord.**

A photograph of a study desk with an open book and a lamp. The desk is dark wood with a light-colored top. An open book lies on the desk. A lamp with a brown shade is positioned above the desk. The background is a plain wall.

DAILY READING

Choose a brief reading from a book on Christian prayer (perhaps from the Awakenings Prayer book list), or review a recent entry from your journal.

CONCLUDING PRAYER

**Our Father in Heaven,
Let Your name be holy
Let Your kingdom come
And let Your will be done
On earth as it is heaven.**

Give us today our daily bread.

Forgive us our debts as we forgive our debtors.

**Lead us not into temptation
But deliver us from the evil one.**

**For the kingdom and the power
And the glory belong to You!**

Amen!

(Matthew 6:9-13, Dennis Fuqua translation; Living Prayer)



NOONTIME PRAYER

OPENING MEDITATION

**...if you spend yourselves in behalf of the hungry
and satisfy the needs of the oppressed,
then your light will rise in the darkness,
and your night will become like the noonday.**

(Isaiah 58:10)

REFLECT AND PRAY

**‘Love the Lord your God with all your heart
and with all your soul and with all your mind
and with all your strength.’**

The second is this:

‘Love your neighbor as yourself.’

(Mark 12:30-31)

**Pray that love for God will overflow the
heart of someone who has shared part of
the day with you.**