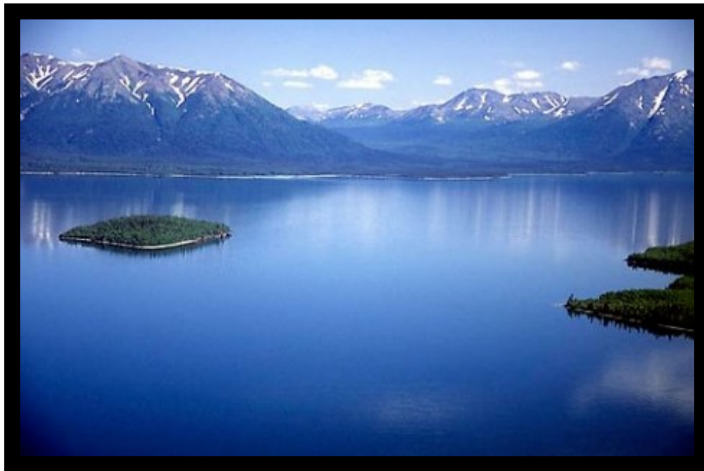


# *Awakenings Prayer Institute*

PSALM 46:10

BE STILL AND KNOW THAT I AM GOD



VISIT US AT

[www.AwakeningsPrayer.org](http://www.AwakeningsPrayer.org)

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<sup>1</sup> Dennis Fuqua, *Experiencing Life and Power through Biblical Meditation*, (Vancouver, WA, Living Prayer Press, 2015) 10.

Invites you to

## PRAY SCRIPTURE

From The Heart



**Experience the presence of  
God through the prayerful  
reading of His Word**

# THE WORDS I HAVE SPOKEN TO YOU ARE SPIRIT AND THEY ARE LIFE—Jesus

## *A Short Exercise in Praying Scripture*

Jesus calls us to love God with all our heart, soul, mind and strength. Loving God with our heart means that we open our emotion and activate our will. The following cycle of prayer invites us to do just that. Plan to read the passage four times. After each reading silently engage the Scripture in the following ways.

**FIRST READING: MIND** After the first reading focus on one phrase that draws your attention. During the silence, let that phrase settle in your mind. Receive it like a precious seed implanted, imparting the life-giving power of the kingdom of God.

**SECOND READING: HEART** During the second reading, notice what emotions are present in the passage. Consider how the author's heart may have been stirred as he wrote. Notice what God is inviting you to feel. Take time to linger in those emotions.

**THIRD READING: SOUL** On the third time through, consciously pray about what you are sensing from this passage. Talk with God about this word of his that is being implanted in you. Lift your emotion, your desire, your longing to the Lord.

**FOURTH READING: STRENGTH** On the fourth reading, focus on one word that expresses God's intent for you from this passage. What is God inviting you to say "yes!" to? Sit in silence with that word, breathing out your consent. As you do, be aware of God strengthening you in his presence.

**WRITTEN RESPONSE** Take time to write about your experience with this passage. Write about your thoughts, your feelings, your prayer, your consent to God's intent.

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*Reading Scripture informs me so I might know  
the will of God. Praying Scripture transforms  
me so I might live the will of God. '*

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## **PRAY SCRIPTURE:**

- Whenever you find a passage that addresses your soul's deep need
- When you have responded to a passage and want to more fully explore that response
- For as long as it takes to let this passage come alive in you.
  - To invite God's Word to move you toward spiritual transformation.
- Regularly, as a discipline that develops Christ awareness
  - To prepare you to teach this passage to others.

Isaiah 50:4-5

The Sovereign LORD has given me an  
instructed tongue to know the word  
that sustains the weary.

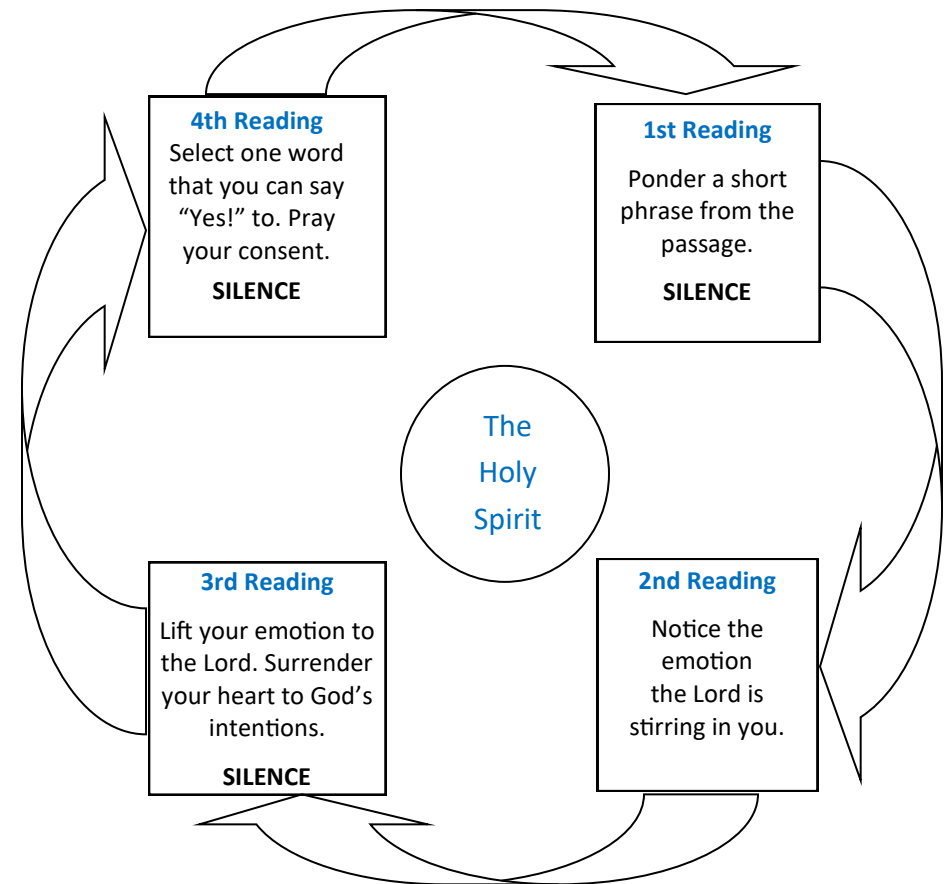
He wakens me morning by morning,  
wakens my ear to listen like one being  
taught.

The Sovereign LORD has opened my  
ears, and I have not been rebellious;  
I have not drawn back.

Mark 1:35

*Very early in the morning while it was still dark,  
Jesus got up, left the house and went off to a solitary place,  
where he prayed.*

## A FOUR PART READING



Write about your experience.

What was your sense of this conversation with God?

What did you hear? What did you feel?

How were you moved to pray?



## Psalm 131

*A song of ascents. Of David.*

<sup>1</sup> My heart is not proud, O LORD,  
my eyes are not haughty;  
I do not concern myself with great matters  
or things too wonderful for me.  
<sup>2</sup> But I have stilled and quieted my soul;  
like a weaned child with its mother,  
like a weaned child is my soul within me.  
<sup>3</sup> O Israel, put your hope in the LORD  
both now and forevermore.



## Jeremiah 18:1–6

*At the Potter's House*



<sup>1</sup>This is the word that came to Jeremiah from the LORD: <sup>2</sup>"Go down to the potter's house, and there I will give you my message." <sup>3</sup>So I went down to the potter's house, and I saw him working at the wheel. <sup>4</sup>But the pot he was shaping from the clay was marred in his hands; so the potter formed it into another pot, shaping it as seemed best to him. <sup>5</sup>Then the word of the LORD came to me. <sup>6</sup>He said, "Can I not do with you, Israel, as this potter does?" declares the LORD. "Like clay in the hand of the potter, so are you in my hand, Israel."