

Awakenings Prayer Institute

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Praying Your
HIGH POINTS



Celebrating
The Triumphs

For high points, consider the celebrations of your life. Events when life opened up before you—such as your salvation, a spiritual victory, a graduation, a wedding, the birth of a child, a new job or career, a time when God used you in a special way, an accomplishment that fulfilled a life-long dream.

What was your best high point as a kid?

What do you think God was saying to you then?

What was your best high point as an adolescent or young adult?

Where was God in that event?

Think of two great high points as an adult.

What has God been saying to you lately?



Reason #7 Because It's good practice for praying over our low points.

Psalm 42:1-5

For the director of music. A maskil of the Sons of Korah.

¹*As the deer pants for streams of water,
so my soul pants for you, O God.*

²*My soul thirsts for God, for the living God.
When can I go and meet with God?*

³*My tears have been my food
day and night,
while men say to me all day long,
"Where is your God?"*

⁴*These things I remember
as I pour out my soul:
how I used to go with the multitude,
leading the procession to the house of God,
with shouts of joy and thanksgiving
among the festive throng.*

⁵*Why are you downcast, O my soul?
Why so disturbed within me?
Put your hope in God,
for I will yet praise him,
my Savior and ⁶my God.*

Reason #5 Because meditation leads to genuine gratitude.

Psalm 40:1-3

For the director of music. Of David. A psalm.

- 1 I waited patiently for the LORD;
he turned to me and heard my cry.*
- 2 He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.*
- 3 He put a new song in my mouth,
a hymn of praise to our God.
Many will see and fear
and put their trust in the LORD.*



Reason #6 Because we become more hopeful for the future.

Jeremiah 29:11

For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future.

Develop a Breath Prayer and search out a Signature Scripture for the high points in your life. Make a note of these in your journal.

Spend some time praying over each of the Scriptures here. Reflect and journal about how these relate to your high points.



Psalm 68:1-6

For the director of music. Of David. A psalm. A song.

- 1 May God arise, may his enemies be scattered;
may his foes flee before him.*
- 2 As smoke is blown away by the wind,
may you blow them away;
as wax melts before the fire,
may the wicked perish before God.*
- 3 But may the righteous be glad
and rejoice before God;
may they be happy and joyful.*
- 4 Sing to God, sing praise to his name,
extol him who rides on the clouds —
his name is the LORD—
and rejoice before him.*
- 5 A father to the fatherless, a defender of widows,
is God in his holy dwelling.*
- 6 God sets the lonely in families,
he leads forth the prisoners with singing;
but the rebellious live in a sun-scorched land.*

SEVEN GOOD REASONS TO PRAY OVER YOUR HIGH POINTS:

Reason #1 Because praying our high points tunes us in to the activity of God.

John 5:19

Jesus gave them this answer: "I tell you the truth, the Son can do nothing by himself; he can do only what he sees his Father doing, because whatever the Father does the Son also does."

Reason #2 Because God shows us how he brought that high point to be.

Joshua 4:6-7

6 In the future, when your children ask you, 'What do these stones mean?' 7 tell them that the flow of the Jordan was cut off before the ark of the covenant of the LORD. When it crossed the Jordan, the waters of the Jordan were cut off. These stones are to be a memorial to the people of Israel forever."



Reason #3 Because we see who God is in that high moment of our lives.

Exodus 17:15

Moses built an altar and called it The LORD is my Banner. 16 He



said, "For hands were lifted up to the throne of the LORD."

Reason #4. Because by praying our high points, we see that we owe everything to God.

Deuteronomy 8:10-18

10 When you have eaten and are satisfied, praise the LORD your God for the good land he has given you. 11 Be careful that you do not forget the LORD your God, failing to observe his commands, his laws and his decrees that I am giving you this day. 12 Otherwise, when you eat and are satisfied, when you build fine houses and settle down, 13 and when your herds and flocks grow large and your silver and gold increase and all you have is multiplied, 14 then your heart will become proud and you will forget the LORD your God, who brought you out of Egypt, out of the land of slavery. 15 He led you through the vast and dreadful desert, that thirsty and waterless land, with its venomous snakes and scorpions. He brought you water out of hard rock. 16 He gave you manna to eat in the desert, something your fathers had never known, to humble and to test you so that in the end it might go well with you. 17 You may say to yourself, "My power and the strength of my hands have produced this wealth for me." 18 But remember the LORD your God, for it is he who gives you